## **CLAIMS**

Therefore, having thus described the invention, at least the following is claimed:

1	1.	A polymer, comprising:
2		a photodefinable polymer including a sacrificial polymer and a
3		photoinitiator.
1	2.	The polymer of claim 1, wherein the photoinitiator is a negative tone
2		photoinitiator.
1	3.	The polymer of claim 1, wherein the photoinitiator is a positive tone
2		photoinitiator.
1	4.	The polymer of claim 1, wherein the sacrificial polymer is selected from
1	4.	polynorbornenes, polycarbonates, polyethers, polyesters, functionalized
2		compounds of each, and combinations thereof.
3		compounds of each, and combinations thereof.
1	5.	The polymer of claim 1, wherein the sacrificial polymer includes
2		polynorbornene.
1	6.	The polymer of claim 3, wherein the polynorbornene includes alkenyl-
2		substituted norbornene.
1	7.	The polymer of claim 1, wherein the photoinitiator is a free radical generators.
1	8.	The polymer of claim 1, wherein the photoinitiator is selected from, bis(2,4,6-
2		trimethylbenzoyl)-phenylphosphineoxide, 2-benzyl-2-dimethylamino-1-(4-
3		morpholinophenyl)-butanone-1, 2,2-dimethoxy-1,2-diphenylethan-1-one, 2-
4		methyl-1[4-(methylthio)- phenyl]-2-morpholinopropan-1-one, 2-methyl-4'-
5		(methylthio)-2-morpholino-propiophenone, benzoin ethyl ether, and 2,2'-
6		dimethoxy-2-phenyl-acetophenone, and combinations thereof.

1	9.	The polymer of claim 1, wherein the photoinitiator is selected from, bis(2,4,6-
2		trimethylbenzoyl)-phenylphosphineoxide and 2-benzyl-2-dimethylamino-1-(4-
3		morpholinophenyl)-butanone-1.
1	10.	The polymer of claim 1, wherein the sacrificial polymer is about 1 to 30% by
2		weight percent of the photodefinable polymer, wherein the photoinitiator is
3		from about 0.5 to 5% by weight of the photodefinable polymer, wherein the
4		solvent is about 65% to 99% by weight percent of the photodefinable polymer.
1	11.	A method for fabricating a structure, comprising:
2		disposing a photodefinable polymer onto a surface, wherein the
3		photodefinable polymer includes a sacrificial polymer and a photoinitiator
4		selected from a negative tone photoinitiator and a positive tone photoinitiator;
5		disposing a gray scale photomask onto the photodefinable polymer,
6		wherein the gray scale photomask encodes an optical density profile defining a
7		three-dimensional structure to be formed from the photodefinable polymer;
8		exposing the photodefinable polymer through the gray scale photomask
9		to optical energy; and
10		removing portions of the photodefinable polymer to form the three-
11		dimensional structure of cross-linked photodefinable polymer.
1	12.	The method of claim 11, wherein removing includes:
2		removing unexposed portions of the photodefinable polymer to form
3		the three-dimensional structure.
1	13.	The method of claim 11, wherein removing includes:
2		removing exposed portions of the photodefinable polymer to form the
3		three-dimensional structure.
1	14.	The method of claim 11, further comprising:
2		disposing an overcoat layer onto the three-dimensional structure; and
3		decomposing the photodefinable polymer, thermally, to form a three-
4		dimensional air-region.

- 1 15. The method of claim 14, wherein decomposing includes:
- 2 maintaining a constant rate of decomposition as a function of time.
- 1 16. The method of claim 14, wherein decomposing includes:
- 2 maintaining a constant rate of mass loss of the photodefinable polymer.
- 1 17. The method of claim 14, wherein decomposing includes:
- 2 heating the structure according to the thermal decomposition profile
- 3 expression

$$T = \frac{E_a}{R} \left[ \ln \frac{A(1-rt)^n}{r} \right]^{-1}$$

- where R is the universal gas constant, t is time, n is the overall order of
- decomposition reaction, r the desired polymer decomposition rate, A is the
- Arrhenius pre-exponential factor, and  $E_a$  is the activation energy of the
- 8 decomposition reaction.
- 1 18. The method of claim 11, wherein the three-dimensional structure has a
- 2 spatially-varying height.
- 1 19. A structure, comprising the three-dimensional structure formed using the
- 2 method of claim 11.
- 1 20. A structure, comprising the three-dimensional air-region formed using the
- 2 method of claim 14.
- 1 21. A structure, comprising the three-dimensional air-region formed using the
- 2 method of claim 15.
- 1 22. A structure, comprising the three-dimensional air-region formed using the
- 2 method of claim 17.

- 1 23. A method of decomposing a polymer, comprising:
- 2 providing a structure having a substrate, an overcoat layer, and a
- polymer in a defined area within the overcoat layer;
- 4 maintaining a constant rate of decomposition as a function of time;
- 5 removing the polymer from the area to form an air-region in the
- 6 defined area.
- 1 24. The method of claim 23, wherein maintaining includes:
- 2 heating the structure according to the thermal decomposition profile
- 3 expression

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$$T = \frac{E_a}{R} \left[ \ln \frac{A(1-rt)^n}{r} \right]^{-1}$$

- 5 where R is the universal gas constant, t is time, n is the overall order of
- decomposition reaction, r the desired polymer decomposition rate, A is the
- Arrhenius pre-exponential factor, and  $E_a$  is the activation energy of the
- 8 decomposition reaction.
- 1 25. A structure, comprising:
- 2 a substrate;
- an air-region area having a spatially-varying height; and
- an overcoat layer disposed onto a portion of the substrate and engaging
- 5 a substantial portion of the air-region area.
- 1 26. The structure of claim 25, wherein the air-region area has a non-rectangular
- 2 cross-section.
- 1 27. The structure of claim 25, wherein the air-region area has an asymmetrical
- 2 cross-section.